

Molly Hess

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Molly is choreographer, performer, and educator dedicated to making process driven work that welcomes audiences into immersive dance experiences.

Select Productions (Choreographer)

*In all productions below Molly Hess served as either sole lead choreographer or as an equal collaborator on a choreographic project. Collaborations are indicated by a * or (*), meaning that the production included both collaborative in independent work.*

Full Evening

A Walking Birthday, December 14-15, 2018

An evening of dance + music created by Molly Hess, produced in partnership with Green Street Studios (MA)

Bearnstow Stories, February 23, 2018*

Developed in collaboration with Angela Cole, and Ellen Oliver (3 Spice Dance) as part of The Living Room (ME)

Artist in residence Program

Molly + Tessa Make a Dance, May-June 2016*

An intimate performance by collaborators Molly Hess + Tessa Broadby created and premiered at Earthdance (MA) and performed at Studio @550 (MA), Denmark Arts Center (ME), Mascher Space Co-op (PA) and more.

Split Bill/ Festival

Providence Movement Festival, April 26+27, 2019, AS220, Providence, RI*

GoodTHANG passing 2019, April 19, 2019, Armory Center for the Arts, Somerville, MA(*)

Grunt Festival Chicago, April 12-14, 2019, Links Hall, Chicago, IL

Open Performance, March 19, 2019, Movement Research, Brooklyn, NY

Fitzhugh Carol in Prospect Park, June 10, 2018, Grand Army Plaza, Brooklyn, NY

3 Spice Presents, January 26, 2018, Green Street Studios, Cambridge, MA (*)

Tracks Pittsburg Showcase, June 7+8, 2017, Pittsburg Ballet Theater, Pittsburg, PA

Tracks Boston Showcase, July 15+16, 2017, Green Street Studios, Cambridge, MA*

Collaborations and Company Experience

Co-director and Co-Choreographer, Picnic Sisters, Cambridge, MA + Brooklyn, NY

July 2017-Present

Song Writer/ Performer, Shy Sprinkles, Cambridge, MA

September 2017 - Present

Co-founding director and choreographer, 3 Spice Dance, Cambridge, MA

February 2017- Dec 2019

Company Member, Back Pocket Dancers, Cambridge, MA

September 2012-Dec 2019

Company Member, Peanut Butter & Jelly Dancers, Cambridge, MA

September 2017- Dec 2018

Company Member/ Co-director, Calamity Co. Dance, Cambridge, MA

August 2013-July 2014

Residencies / Awards

The Living Room AIR program, The Living Room, Portland, ME

2018

Betonest AIR Program, Angermunde, Germany

2017

Earthdance CIR program, Earthdance, Plainefield, MA

2016

6-8-1 Atelier Emerging Artist, ARC Dance Research Laboratory, Boston, MA

2016

Prometheus Scholarship for the aMaSSiT mentorship program, Cambridge, MA

2014

Young Artist Resident, Bearnstow, Mount Vernon, ME

2011

Student Leadership Award, St. Olaf College Dance Dept., Northfield, MN

2011

Education

St. Olaf College, Northfield, MN

Major: Dance

Bachelor of Arts: May 2012

Detailed Dance Education / Training

Lions Jaw Dance Festival, Cambridge, MA

Falls 2016- 2018

The Creative Gesture, Designing for Dance, Banff Center for Creativity, Banff, Canada

Summer 2018

Summer Dance Institute for Teachers, Creative Dance Center, Seattle, WA

Summer 2016

Electric Fish Workshops, Cambridge, MA

2015-2016

Porch Choreographic Module, Stolzenhagen, Germany

Summer 2015

Bates Dance Festival, Lewiston Maine

Summer 2015

aMaSSiT (a Make it Share it Show it) Lab, Dance Complex, Cambridge MA

Fall 2013, spring 2014

Urban Bush Women Summer Leadership Institute, New Orleans, LA

July 19-29, 2012

University of Ghana, Legon, School of performing Arts, Legon, Ghana

Fall 2010